

PATRICIA COBB RICHARDSON, M.S.

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SUMMARY

- Public health/Mental Health professional with 20 years' experience creating and directing a broad range of pioneering outreach and education programs for highly marginalized urban populations.
- Experienced consultant and trainer for trauma-informed care approaches and transition age youth programs.
- Demonstrated success in educating the public on connection between adversity, toxic stress, and long-term wellness and improved social outcomes for community groups, providers, and other advocates.
- Demonstrated success developing supportive housing, drop-in centers, and outreach programs for young adults in urban settings.
- Inclusive leader employing participatory management practices to supervise a large diverse staff of project managers and direct service staff.
- Ensures that the input of persons served informs all aspects of program design, service delivery, and program evaluation.
- Committed to establishing collaborative partnerships with community residents and service providers, and to forming strong relationships with funders and academic institutions.
- Consulted with systems, providers, and groups that were developing practices, programs, and policies to improve outcomes, reduce stress and burn out for staff, and reduce re-traumatization for program participants.

CONSULTATION — Trauma Informed Care/Transition Age Youth

Family League of Baltimore, Maryland

Conducted trainings on trauma-informed approach for youth services provider staff.

Casey Family Services, Patterson Park Community of Hope Initiative

Provided community engagement, trauma-informed care consultation services.

Jewish Community Services

Conducted multiple trainings and on-going education and support on trauma-informed care for clinical and support staff.

Turning Point, Brooklyn, New York

Training in trauma-informed care.

Diakonia, Inc., Ocean City, Maryland

Training and consultation in trauma-informed care for homeless service organization.

Martinsburg, West Virginia

Community Behavioral Health Center, trauma-informed care consultation and training to county behavioral health providers.

Jacques initiative/University of Maryland

Trauma informed care consultation and training

EDUCATION

Master's Degree, Counseling Psychology, MS

Certification in Clinical Psychology

Bachelor of Science in Psychology

Loyola University, Baltimore, Maryland

Towson State University, Baltimore, Maryland

PROFESSIONAL EXPERIENCE

Behavioral Health System Baltimore

September 2016 to Present

Director of Community Resilience

Engage community members, organizations, systems level advocates to develop practices and processes that inform and support the Behavioral Health System as it transitions to a trauma informed system of care that ensures equity and integration of adverse childhood experiences, trauma specific interventions and policies that sustain the effort. The Sanctuary Model and S.E.L.F. Community Conversations framework of trauma-informed care is utilized to support community groups, organizations and young adults to recover from the effects of toxic stress, adversity and trauma.

YES (Youth Empowered Society)

Program Manager

July 2014 – September 2017

Responsible for the supervision and support of staff, peers and their allies as they provide services for youth (ages 14-25) who experience homelessness. The YES Drop-In Center is designed to meet the immediate needs (temporary respite from the elements and streets, food, clothing, storage, laundry) of homeless youth, and with the assistance of peer and allied staff – employ harm-reduction and trauma-informed techniques – as youth make and sustain connections to resources, such as stable housing, education, employment, workforce development opportunities, and legal assistance. Trained and coached staff in S.E.L.F. Community Conversations as the resilience and trauma-informed framework to engage youth in their recovery from adversity.

Homeless Planning Council of Delaware (Wilmington, Delaware)

January 2012 – July 2014

Trauma-Informed Care Consultant

- Utilize Adverse Childhood Experience research to inform and create a trauma informed public

health system's change within the homeless service system of care in Delaware.

- Facilitate stakeholder collaborations within the homeless services system of care in Delaware in order to develop a Trauma Informed Care approach to services, policy, housing, standards of care, and Delaware's 10 Year Plan to End Homelessness.
- Create Trauma Informed Standards of Care for homeless prevention and homeless service provider agencies in Delaware including Centralized Intake, Emergency Shelter, Transitional Housing, Permanent Supportive Housing, supportive services, homeless prevention, rapid re-housing, and homeless diversion.
- Develop and facilitate trainings, workshops, and opportunities for providers to learn about Trauma Informed Care principals and best practices with specific focus on engaging leadership and executive management to facilitate systems change.
- Facilitator of Groups in S.E.L.F. model (A trauma informed psychoeducational curriculum) within Delaware's Homeless Prevention and Response System.

Diakonia, Inc. (Eastern Shore, Maryland)

2009-2012

Consultant

- Developed support services for individuals and families experiencing homelessness.
- Supervised all clinical and program aspects of the case management team for individuals and families.
- Created an effective referral process for the case management team within the tri-county community health system on the Eastern Shore of Maryland based around SAMHSA's model of a *"recovery oriented system of care"* with improved outcomes for housing placement and targeted referrals.
- Provided technical assistance to staff in evidence based and best practice approaches such as SOAR, motivational interviewing and a housing led philosophy in order to improve health and housing outcomes for clients.

Neighborhood Coalition for Shelter (New York City, New York)

1992-2009

Chief Program Officer

- Collaborated with homeless service providers, city and state government agencies, research groups and other stakeholders to identify gaps in services and research in order to improve service delivery models and improve outcomes for persons experiencing homelessness.
- Designed and implemented an effective service delivery model for the agency serving approximately 1200 adults and young adults annually in supportive housing, drop in center, scattered site and transitional housing programs, a vocational/educational program and permanent supportive housing for youth aging out of foster care.
- Designed and implemented a licensed substance abuse treatment program for people experiencing homelessness within a *"recovery oriented system of care"* model.
- Utilized evidence based best practices to create comprehensive training and skill development for staff such as Motivational Interviewing and Integrated Dual Disorder Treatment.
- Co-principal Investigator on three published studies designed to evaluate the prevalence of the full range of Axis I and Axis II Substance Use and trauma in Drop in Centers in New York and New Haven, Connecticut.

- Developed relationships with key government, provider, policy and community stakeholders in order to ensure the successful integration of programs in communities.

Dr. Dennis Fisher (Churchville, Maryland)

Private Practice

Cognitive-behavioral therapist for adolescents, adults and families in community based private practice, offering individual, family and group therapy.

Cann Health Resources (Harford County, Maryland)

Therapist providing individual, group and family therapy for adolescents, young adults, and families in a private practice setting. The practice included participation in a multi-disciplinary team that provided services to patients on an inpatient psychiatric unit of a community hospital.

AWARDS

Department of Homeless Services (New York, New York)

2001 Barbara Kleiman Award for Excellence in Service Delivery for Homeless Adults

BOARD MEMBERSHIPS

Homeless Planning Council of Delaware (2008-2010)

Medical Relief Alliance, Kenya, Africa (2012- Present)

CERTIFICATES/TRAININGS IN TRAUMA INFORMED CARE (2011-2016)

- National Council for Behavioral Community HealthCare Trauma Informed Care
- SAMHSA: Division on Trauma Informed Practice and Prevention of Seclusion and Restraint
- National Council on Family Homelessness: Training Institute on Trauma Informed Care
- Training Certificate in “New Frontiers in Trauma Treatment” Bessel A. van der Kolk, MD
- S.E.L.F. Curriculum Certification from “Healing Hurt People” HHP a community-focused, hospital-based program designed to reduce re-injury and retaliation among youth ages 8-30 at Hahnemann University Hospital and the Drexel University College of Medicine

Global Mental Health Trauma Recovery Certificate Program — Harvard Medical School, 2017

2018 JRI Neurobiology of Sexual Assault and Interpersonal Violence — LAMP Train the Trainer

Co-Founder, Thriving Community

A trauma informed care collaborative in Baltimore, Maryland consisting of young adults and service providers, advocates and community members committed to increasing awareness of Adverse Childhood Experience Research and the capacity to provide trauma sensitive and informed responses here in Baltimore. Central to the group’s goals is promoting community and cross-systems communications, and collaborations.